



World
Maternal
Mental
Health
Day

WORLD MATERNAL MENTAL HEALTH DAY 2018

Begin Before Birth Canada symposium

One in five women experience significant perinatal mental health problems, often with lasting consequences for both mother and child. **Join us** as we mark **World Maternal Mental Health Day** and discuss perinatal mental health: **from molecules to mothering and beyond.**

Who should attend: Anyone interested in maternal mental health and the link to children's long-term development - physical, cognitive and emotional: Perinatal mental health professionals, Researchers, Trainees, etc.

Registration: \$10 (for lunch) - click [here to register](#)

Date: Tuesday, May 1, 2018 - 9am to 5pm

New Location: de Grandpré Amphitheatre, Montreal Neurological Institute & Hospital, 3801 Rue Université, Montréal, QC , H3A 2B4

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#maternalMHmatters

Program

9:00		Registration - Tea/Coffee
9.30		Dr Gustavo Turecki , MD, PhD, Chair, Dep. of Psychiatry, McGill U.; Heads, McGill Group for Suicide Studies and Depressive Disorders Program, Douglas Institute: Opening remarks A clinician and neuroscientist, his innovative research focuses on the influence of life experiences on brain function, and their relationship to depression and suicide risk.
9:45		Dr Regina M. Sullivan , PhD, Prof., Emotional Brain Institute, Nathan Kline Institute, Child Study Center, Dept. of Child & Adolescent Psychiatry, New York U., Langone Medical Center Maternal control of the infant brain: Lessons from an animal model Her groundbreaking studies show how early experiences can affect the developing brains of children and that parenting practices may ameliorate the effects of trauma on the developing brain.
10:30		Dr Kieran O'Donnell , PhD, Ass. Professor Dep. of Psychiatry, McGill U; Researcher, Ludmer Centre/ Douglas Hospital; Azrieli Global Scholar in Child & Brain Development: Developmental origins of mental health An expert in perinatal influences on early-childhood development, and the biological embedding of early adversity, he applies genetic, epigenetic and epidemiological approaches.



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11:00		Dr Patricia Silveira , MD, PhD, Ass. Professor, Dep. of Psychiatry, McGill U; Researcher, Ludmer Centre/Douglas Hospital: Prenatal environment, gene networks and the development of individual differences in child behavior Her research focuses on how perinatal and early-childhood environments can shape and modulate both health and disease across the lifespan, into old age.
11:30		Tea/Coffee Break
11:45		Dr Samantha Meltzer Brody , MD, PhD, Associate Prof. & Director of the Perinatal Psychiatry Program, U of N. Carolina, Center for Women's Mood Disorders; Applying precision medicine in perinatal depression to develop novel treatments A clinician-researcher, she investigates epidemiologic and genetic predictors of postpartum mood disorders and conducts clinical trials in perinatal psychiatry.
12:30		Dr Phyllis Zekowitz , EdD, Dr. of Research, Dept. of Psy., Jewish General Hospital; Senior Investigator & Psychosocial Axis Head, LDI/JGH; Ass. Prof., Dep. of Psy. McGill U: Quebec reproductive psychiatry network: clinicians & researchers working together to promote perinatal mental health She studies children and families at risk, including developmental outcome in very low birthweight infants, postpartum depression and risk factors for borderline pathology in mothers and children.
1:00		Lunch - provided
2:00		Dr Tuong-Vi Nguyen , MD, PhD, Junior Scientist, RI-MUHC, Brain Repair and Integrative Neuroscience (BRaIN) Program; Assistant Prof., Dep. of Psychiatry, McGill University: Current challenges in perinatal psychiatry and new avenues for research A reproductive psychiatrist specialized in treating psychiatric disorders during premenstrual, pregnancy and postpartum stages
2:30		Dr Nicole Letourneau , MN, PhD, FCAHS, Prof., Nursing & Cumming School of Medicine & Alberta Children's Hospital (ACH) Research Inst., U. of Calgary; ACH Foundation Chair, Parent-Infant Mental Health: Maternal mental health, parenting and child health & development Her 'Child Health Intervention and Longitudinal Development' program develops and tests interventions for infants and children exposed to adversity.
3:15		Q&A Discussion
3:45		Closing remarks & reception in lobby

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